



# Our Purpose

**Cheerleading is a vibrant part of the community that comprises Eagle Mountain-Saginaw ISD.**

For campuses and the community, cheerleading exists in order to promote:

- Tradition
- Spirit
- Ambassadorship

For participants, cheerleading exists to provide students:

- Multiple leadership opportunities
- A sense of family
- Promotion of school spirit
- Occasions to learn and exhibit sportsmanship and citizenship
- Assistance in achieving academic excellence

These multiple opportunities help students grow and mature, both physically and emotionally, resulting in citizens who embody the EMS ISD cheerleading program.

# Program Membership

**The cheer team consists of the following people:**

The team will consist of a minimum of eight 8<sup>th</sup> graders and eight 7<sup>th</sup> graders with no more than twenty cheerleaders in case of a tie.

The mascot will be one girl or boy who is classified as a seventh or eighth grader.

The cheer coach will be a well-qualified individual who has the passion to lead, coach, and mentor the cheerleaders in his/her program.

Cheerleader openings that occur **after** tryouts will not be filled.

Cheerleaders who move to EMS ISD or transfer after the tryout process has been finalized must wait until the following year to tryout for EMS ISD squads.

Candidates interested in trying out for cheerleader will tryout for the school for which he/she is zoned unless he/she is on a transfer. Then, the child would tryout for the school to which he/she has transferred.





## PHYSICAL

Cheerleaders must be capable of performing the essential functions for a cheerleader. Functions as listed:

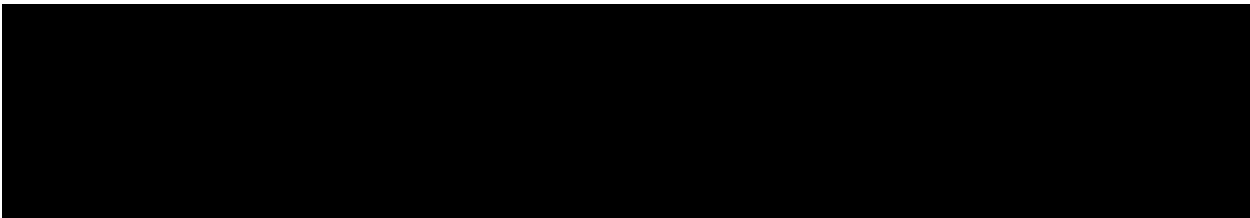
- Cheerleaders will demonstrate clear diction, vocal strength, rhythm, and coordination.
- Cheerleaders will perform physical moves that may involve jumps, balance, agility, and upper body strength.
- Cheerleaders will exhibit stamina in physical activities that involve physical endurance and fitness and will be able to perform routines in both indoor and outdoor settings, in heat and cold weather.

Cheerleaders must uphold the skill level demonstrated (i.e., tumbling, stunting, jumps, etc.) at tryouts while striving for continuous improvement. **The coach is responsible for determining which stunts and lifts are age appropriate and are safe for practice and game performance.** Failure to uphold skills may result in consequences to be determined by the coach.

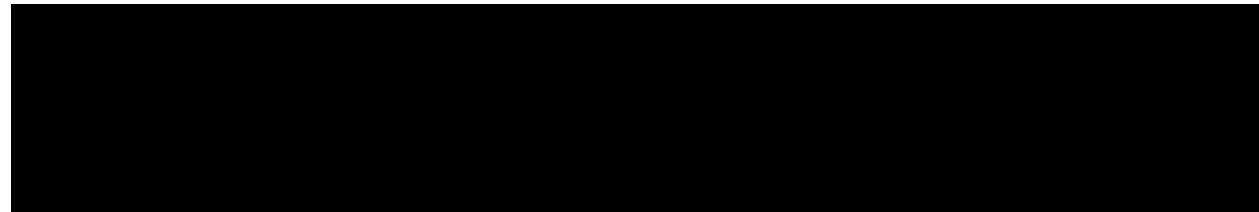
## FINANCIAL

A payment schedule may be set for all payments due.

All cheer members must be current with their payment schedule. Not being current may result in missing cheer events or games.







athletic administration.